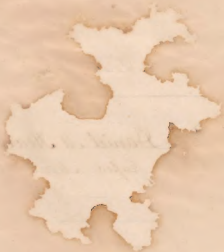


Essay

on

Animal Heat.

By Daniel M. Heard of Kentucky  
passed March 20<sup>th</sup> 1816



On

Animal Heat

In entering upon the investigation of a subject which embraces one of the most important requisites belonging to animated nature, it perhaps might be supposed that a full and elaborate treatise would be taken of it; but as the narrow limits to which this dissertation is circumscribed will not admit of a lengthy discussion, it will content myself with offering a few remarks on the cause which appears the most probable in producing animal heat. It is the influence of this powerful agent acting on our systems which gives us vitality, imparts vigour, and renews the system when exhausted by whatever cause. In a word it acts



is the main spring to our bodies.

I shall before proceeding to the immediate investigation of the subject, take a limited view of the pulmonary circulation, and the appearance of the blood in the lungs, nature for a very plain and useful purpose, has furnished all animals with lungs, or something equivalent for respiration atmospheric air, to undergo some change, for purposes directly to be mentioned. The blood by the contraction of the heart, is propelled forwards into the pulmonary artery, and through the whole substance of the lungs. After having undergone the necessary change, it is again taken up by the pulmonary vein, and carried back to the heart, and from thence to all parts of the body. The blood when returned to the heart by the veins, from the different parts of the body, exhibits a dark red colour, inclining to purple. This appearance of the blood is said to depend upon an ascendency of carbon which it contains. In its passage



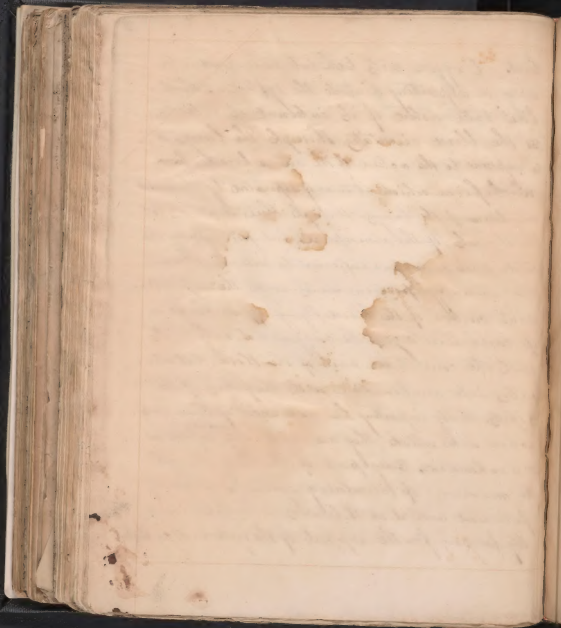
Through the lungs, it is changed from the mor-  
 dena to a bright scarlet. This alteration of the  
 colour of the blood in the lungs, must unquestion-  
 ably arise from a chemical action which takes  
 place in consequence of the influence of the at-  
 mospherical air on its constituent principles, which  
 has been experimentally and satisfactorily proved  
 to be the case. This action or chemical process  
 going on at every inspiration, appears to be one  
 of the principal ways by which the animal is  
 supplied with heat.

Since the important discovery of the phenom-  
 ena of heat and combustion, to depend upon the  
 agency of the oxygenous portion of the atmosphere,  
 the alteration of the colour of the blood in the  
 lungs has been ascribed to the influence which  
 this powerful agent has on it. This opinion  
 is now very generally received, and it is the ac-  
 tion of oxygen on our system, which, in my  
 opinion, I believe to be the sole cause of animal





heat. Oxygen acts both internally and exter-  
 nally in imparting heat to the system. I shall  
 first take notice of its internal operations.  
 As the blood circulates through the lungs, it  
 is exposed to the action of the air we breathe, from  
~~which~~ from which it is only separated by the moist  
 membrane of the lungs. Through these it attracts both  
 the elements of the atmosphere, but principally the  
 vital part or oxygen, sufficient to saturate it, whilst  
 the remaining portion unites with the superabun-  
 dant carbon of the blood, flying off in the form  
 of carbonic acid gas. The oxygen not only unites  
 with the constitutive parts of the blood, but also  
 enters into combination with the fibres of the  
 vessels, thereby imparting heat and exciting them into  
 action, with which they are constantly <sup>renewed</sup> as fast as  
 it is exhausted. Every part of the body through  
 the medium of circulatory system is constantly  
 furnished with it, as it becomes diminished in quan-  
 tity, necessary for the support of the system. It is ~~there~~



The first of these is the fact that the  
 blood is supplied with heat. The process of  
 furnishing heat to the system, it  
 is supposed is supposed to enter into combination with  
 the matter, we may very justly conclude, it  
 is of a very hot nature, and is  
 by means of the heat, the process  
 of digestion, the cream contained in the  
 is set at liberty, rather than as a stimulant to the  
 of the blood. It is taken up by the  
 ed into the general circulation, it is the same  
 part is taken on the following day, and  
 is not only interesting, thereby causing a  
 where action, and it is the same, giving  
 the same to be taken in action.

The action is supposed of the same  
 external surface of the body, and it is  
 very great degree to supply the system.

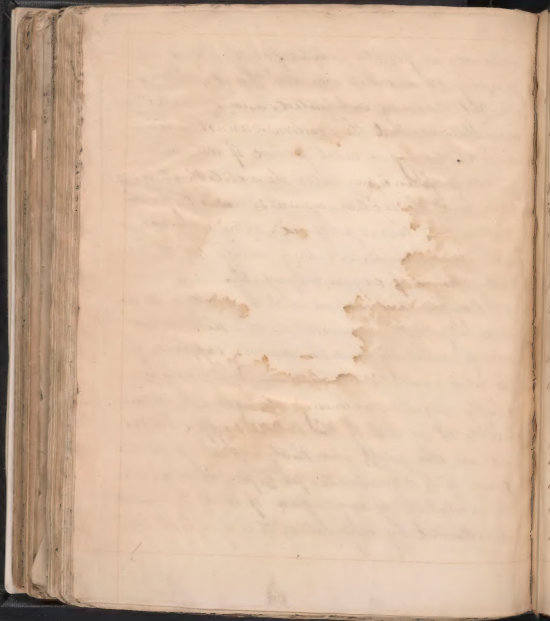


[illegible]



instance, are forcibly excited for some time in grasping some substance with <sup>the</sup> hand, this excitability becomes exhausted, and we experience such fatigue that the exertion cannot be continued. During a short period of rest, this renovating principle restores the excitable structure, and the action again is renewed, for the renovation thus experienced, after every occurrence of exertion, is entirely owing to the renovating power of oxygen & sympathy.

Oxygen thus combined with the blood is the cause or principle of renovation. It is the sine qua non of excitability and the assiduous supporter of the whole excitable structure — Sympathy is chiefly useful in extending the action without letting it sit at liberty the latent oxygen contained in other parts, and thereby repairing the injuries of its subordinate parts, for instance, when the excitability of any organ or animal muscle is exhausted by stimulation, it is sympathy with





the whole system which is equally resting it to its  
primative perfection, whilst that structure  
in its whole extent is radically dependant  
on the application of oxygen. —

By the influence of sympathy, the excitability  
of subordinate parts, may be supported and  
its exhausted repaired, but the principle of oxygen  
in the blood is the <sup>spring</sup> from which it radically  
springs, without the preservative influence of this  
principle, the whole excitable structure is subver-  
ted in a moment and we cease to live.

The oxygen taken into the system in all the  
ways mentioned, is extended to every portion of  
it through the medium of the circulation and  
sympathy. The medical appearance of oxygen in  
producing the effects which I have attributed to  
it, is not well understood, but close to the opinion  
that it chemically combines with the fibre. — From what  
has been said, it appears that we are supplied with heat, through  
the medium of the lungs, circulation, and the cutaneous ab-  
sorption of oxygen. — — —

